



Little Sapling News

"Promoting healthy growth for our youngest."
Coming Events, Resources and More
Covering the Blue Hill Peninsula, Deer Isle and Stonington



Spring/Summer 2025

Save the Dates!

- **Friday July 18, 25, and August 1**
Kneisel Hall Children's Concerts
Four Weekly Concerts at the Blue Hill Public Library
Time: 2:00 PM <https://bhpl.libcal.com/event/14178237>
- **July 19, 2025**
Mr. Drew and His Animals, Too!
Time: 10:30 am - 11:30 am
For more info:
witherlelibrary.net/events/mr-drew-and-his-animals-too/
- **July 4th**
STONINGTON 6 ROAD RACE
Race start: Runners 7am | Walkers 7:30am
Registration deadline: Monday, June 30
Cost: \$70.00 Proceeds benefit the Island Community Center!
Use the link below to Register and learn more
<https://islandcommunitycenter.org/stonington-6/>



Family Resources

Island and Peninsula Sports Equipment Exchange

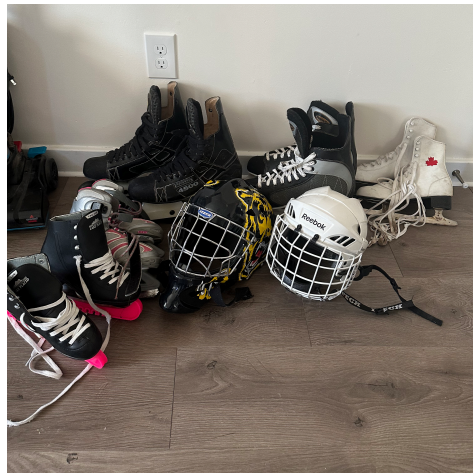


The Sports Equipment Exchange is a partnership between Healthy Peninsula, Nichols Day Camp and the Blue Hill YMCA

Bring outgrown or unused gently used sports equipment right to the Blue Hill YMCA, by the roundabout in Blue Hill."

For more info email vhatch@healthypeninsula.org

Check out our Facebook page for updates
Island and Peninsula Sports Equipment



Blue Hill YMCA

<https://www.facebook.com>

Our YMCA has activities for all ages and abilities. Click the link to learn more

Get to know the Sedgwick school and your child's future classmates this summer

I encourage you to explore events at your local Elementary schools. From concerts, plays, sports events, to volunteer opportunities, fundraising events and community meals our elementary schools have many ways to make a positive difference on our communities youth.

FUTURE SEDGWICK SEAHAWK PLAYGROUP at Sedgwick Elementary School

The Future Sedgwick Seahawk Playgroup is open to Sedgwick residents with children birth to 5 years old (by October 15, 2025). Children must be accompanied by a parent/guardian.

Tuesday, March 18th - 4:00pm - 5:30pm
Tuesday, April 15th - 3:30pm - 5:00pm
Tuesday, May 20th - 4:00pm - 5:30pm
Tuesday, June 17th - 3:30pm - 5:00pm
Tuesday, July 15th - 4:00pm - 5:30pm
Tuesday, August 19th - 3:30pm - 5:00pm

These monthly playgroups may be held inside and outside - weather pending.
Dates and times are subject to change.

FREE

Pre-Registration is Required.

Facebook Future Sedgwick Seahawk Playgroup | Email khaskell@sedgwicksschool.org



School Gardens

are planted and looking for care this summer



If you enjoy gardening and have a time to give this summer reach out to your local elementary school to see if you can help them in maintaining their garden during the summer.



Speaking of ways to support our local schools, here is a great opportunity this summer:
School Garden Care

We have the best libraries!

Explore all they have have to offer



Blue Hill Public Library

- Preschool Storytime Tuesdays: 10:30 am - 11:00 am, Larchwood Room
- Preschool Playgroup in the Park. Restarting Wednesdays April 2nd, 10:30 am - 12:00 pm
- Teen Anime Club – Every Friday 3:30- 5:00 PM

Frogtown Mountain Puppeteers: Everybody Loves Pirates In-Person

Everyone is invited to a free performance by Frogtown Mountain Puppeteers of "Everybody Loves Pirates" on Saturday, June 28 at 6:00 PM.



Traveling Ocean Touch Tank In-Person University of Maine Touch Tank Program

Kids ages 5 and up are invited to an interactive program on ocean life with a touch tank on Wednesday, July 30 from 3:30-4:30 PM. Registration is required:

<https://bhpl.libcal.com/event/14655084>



Kneisel Hall Children's Concerts In-Person

Kneisel Hall Children's Concerts are back at the Blue Hill Public Library this summer! Four weekly concerts will be performed at 2 PM on Friday June 27, July 18, 25, and August 1

Friend Memorial Library

-Story Time Class: Every Friday from 10:30 - 11:30

-CAKES & AUTHORS 2025 July 10th 1-3PM

<https://friendml.org/2025/06/26/cakes-authors-2025/>



Brooksville Free Public Library

- July 12th Readers Cafe. 10:00am - 11:00am

- July Book Sale 9:00am - 12:00pm

Stonington Public Library

- Read with Tenny – a Pre-K program
Second Tuesday of every month
11:00 am - 11:30 am

- Music with Abby – a Pre-K program
Fourth Tuesday of every month.
11:00 am - 11:30 am

- Summer Art Story Time

June 14: Jill Hoy

July 12: Jadyne LaDeau

August 9: Matthew Moncavage



Island artists lead our summer story time series with read-aloud stories and art activities for kids and their families. We are heading outdoors to Small Cove Park, a few short steps from SPL at 6 Atlantic Avenue to take advantage of the fresh air and natural beauty. All ages welcome.

*The rain venue for all story time programs is SPL, 64 Main Street.

Witherle Memorial Library



- Crafty Wednesdays: Time: 10:30 am - 1:00 pm
- Drop-in maker space; a different craft each week!
Children 8 and older; Younger children with an adult.
- Toddler Storytime Wednesday, February 26 at 10:30 am
Join Ms. Orado for seasonal stories and a simple craft.
Ages babies to toddler.
- Botanical Eco Printing July 10, 2025 Time: 2:00 pm - 4:00 pm
check out the link below for more information.
- <https://witherlelibrary.net/events/botanical-eco-printing/>
- Dungeons & Dragons
Two student groups: Meetings on either Tuesdays or Thursdays
Click Dungeons & Dragons link above for more information.

Chase Emerson Memorial Library

- Library Lawn Series

Join us on the Library Lawn every Monday at 5:00 to enjoy a variety of live music, interviews, author talks, and workshops. Our 2025 series starts on June 23 and runs through August 25. Food will be available for purchase when we meet outside.

- Kids Summer Reading Challenge: June 21-August 30

Kids earn prizes for time spent reading or being read to! You can join the challenge at any time during the summer!

- Saturday Story Time

It meets weekly at 10:00 during July and August. September-June we meet on the fourth Saturday of the month. Best suited to ages 3-7, but all are welcome.

Car Seat Safety and booster seat safety from birth to 12 years

- *New Vehicle?
- *New baby?
- *New car seat?
- *Wondering if you installed your car seat correctly?
- *Find the answers here, with locals who are trained car seat techs.

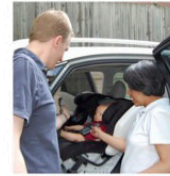
FREE CAR SEAT CHECKS

Finding car seat installation confusing?

Not sure if your kids' seats are installed properly?

Questioning when to move your child to the next seat?

We can help! Meet with a nationally certified child passenger safety technician and we will walk you through the proper installation of your children's car seats as well as educate about best practices.



What to expect at a car seat check:

A certified tech will assess your current setup, give information for any adjustments needed, check for recalls, and help you to reinstall your seats securely. They will answer any questions you have on keeping your kids as safe as possible in vehicles. Checks usually take about 30-45 minutes depending on your situation.

CONTACT A LOCAL CAR SEAT TECH

Email hancock.cpst@gmail.com to reach a local car seat tech to set up an appointment or with any questions. Techs are located throughout the Blue Hill Peninsula area, Deer Isle, Ellsworth, Bucksport, and other parts of Hancock County.

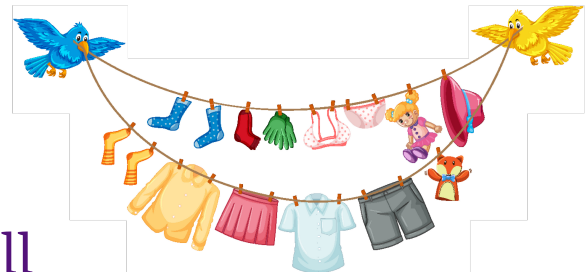
Updated November 2022



**SAFE
KIDS**
WORLDWIDE.

Clothes and Baby Gear

- Turn - Style Thrift Shop Blue Hill
- Free Clothing Closet in the Parsonage at Sedgwick North Baptist Church
- Deer Isle Adult & Community Education Resource Center
- Second Edition - Used Clothing Store in Sedgwick
- Goodwill - Ellsworth
- Clothes Encounter - Ellsworth
- 2nd To None Thrift and Gift - Ellsworth



Island Meadow Arts

Explore, play, discover, grow, develop confidence

Summer Camps

Our camps have a theme for each week which are a combination of teacher led art instruction, choice time, as well as free art play. We also read books, talk about art, go for walks, and have our lunch outside. Our camps are limited to 8 students per week.



Family Photographers



[Zi Photography](#) - Ellsworth



[Alicia Allen Photography](#) - Deer Isle Stonington

[Norma Kate Photography](#) - Ellsworth

[Perfect Image Photography](#) - Brooklin

Family Facebook Pages recommended by Healthy Peninsula

[The Island Community Center](#)

[WIC of Hancock and Washington County](#)

[Community Compass](#)

[Sunrise Opportunities Prevention Council](#)

[Brooklin Food Corps](#)

[Adoptive and Foster Families of Maine, Inc. &
The Kinship Program](#)

[Blue Hill YMCA A Branch of The Down East Family YMCA](#)

[Island and Peninsula Sports Equipment Exchange](#)



New Parenting Classes and Supports



Anchored Women's Health



Anchored Women's Health, LLC is a women's health practice offering evidence based care to women of all ages. Our mission is the empowerment of women as partners in health care, supporting normal processes, and promoting health and wellness.

Breast Milk Depot - A Milk Depot is a drop off site where mothers/donors can bring their milk. For donors who have been screened by the Milk Bank, please contact Robin 617-435-0693 to arrange drop off at our Milk Depot. Learn more about becoming a Human Milk Donor here: <https://milkbankne.org/donate-milk/>

Birch Moon Midwifery & Lactation Care

Holly Arends Murphy, CPM, IBCLC offers:

Home Birth Midwifery

Hybrid Care

Lactation Consultation

Well-Body Care

Water Birth Support

Fertility Planning and Insemination

Call 207-522-6043 or email holly@birchmoonmidwifery.com

Blue Hill and Ellsworth Women's Health

Offering high-quality obstetric, midwifery, and gynecological services to women throughout their lives. We pay thoughtful attention to your health issues, focus on preventative medical care, and provide the information you need to make wise healthcare decisions.

Our midwives deliver babies at Northern Light Maine Coast Hospital.

Maine Families



A great start for all parents

Parenting your new baby is the most important job you will ever have. It is also the hardest! That's why you and all Maine parents will love getting the information that you can trust, the support that you need when you need it, and an extra boost of confidence from Maine Families.

Maine Families is offered to all families who are expecting or have a new baby at home. Whether it is your first or your third baby, Maine Families certified family visitors can provide information, encouragement and support around the topics that matter to you regarding health, nutrition, safety, development and your family's well-being. Best of all, they come to you at your convenience and at no cost to you!

Self Referral using the CradleME referral form: [CradleME](#)

WIC - Hancock and Washington Counties



Ellsworth, Maine 248 State St #3A, Ellsworth, ME 04605
(207) 667-5304

Maine Family Planning's WIC program works to maintain the health of women, infants and children up to age five by providing information on healthy eating and vouchers for healthy foods. The WIC program is open to people living in Hancock and Washington counties, including migrants working in these counties, who are any of the following: Women who are pregnant, breastfeeding or had a baby in the last six months; Infants and children up to the age of five, including adopted and foster children; Fathers may apply for their children.

Food Resources



Free for everyone, no income requirement.

Simply free, fresh local produce and books!

**If you have grown more vegetables than your family can eat consider donating them to the Magic Food Bus.*

To learn how email Anna Wind at awind@healthypeninsula.org



FREE FRESH VEGGIES AND GOOD BOOKS

Everyone Welcome!

Blue Hill..... Thursdays

Harborview Apartments 2:15 pm

Brooklin..... Thursdays

Friend Memorial Library 3:00 pm

Brooksville..... Thursdays

Town Office 5:30 pm

Castine..... Thursdays

72 Battle Ave. 4:15 pm

Deer Isle..... Thursdays

Lily Pond / Deer Run 2:45 pm

Penobscot..... Thursdays

Town Office 3:15 pm

(September at Penobscot School)

Sedgwick..... Thursdays & Fridays

Sedgwick School 2:30 pm Thurs.

Benjamin River Apts. 11:00 am Fri.

Stonington..... Thursdays

Island Community Center 4:00 pm

Surry..... Thursdays

The Gatherings 2:30 pm

(September at Surry School)

The Magic Food Bus will run from June 26th until the end of September. All stops last approximately 40 minutes.

For delivery or information, please call 207-374-3257 or email awind@healthypeninsula.org



Food Pantries

Tree of Life Food Pantry Thursday from 9:00am to 1:00pm at 23 South Street in Blue Hill (207) 374-2900
Stonington Island Pantry Thursday from 5:00pm-6:30pm contact Cathy (207) 460-1779 or Caroline (207) 367-2918

Island Pantry 6 Memorial Lane, Stonington
Thursdays 5-6:30 pm. Closed on the fifth week
Contact: 207-460-1779 or 207-367-2918

HIP Pantry 91 S Burnt Cove Road, Stonington
Wednesdays 2-5:30 pm
Contact: 207-367-6332

Loaves and Fishes, 137 US-1, Ellsworth, (207) 667-4363

Community Meals

Simmering Pot

In person meal at the Blue Hill Congregational Church,
Mondays 2:30-6:00 pm

Call Healthy Peninsula if you need soup delivery (374-3257)
or sign up here <https://www.healthypeninsula.org>

Farm Fresh Rewards –



- SNAP/EBT shoppers receive a 50% point-of-purchase discount on eligible fruits, vegetables, legumes, and seedlings

For most of us the closest store to use this benefit is the Blue Hill Coop. For more information click on the above link.



What is SUN Bucks?

For any who are new to the program, SUN Bucks is a summer nutrition program for kids and provides a one-time \$120 EBT benefit for each child who qualifies to spend on groceries over the summer while school is out.

One more thing:



**Help bring
Big Brothers Big Sisters
back to our community!**

To make this a success we need:

Adult & High School Bigs and Adult Site Coordinators

*** Application and training support will be available ***

Our goal is to launch Big Brothers Big Sisters at the beginning of the 2025 school year at these schools:

- Blue Hill Consolidated School
- Sedgwick Elementary
- Brooklin Elementary
- Brooksville Elementary
- Deer Isle Stonington Elementary

Click link for more
information about
Big Brothers Big Sisters



If you would like to be a Big Brother, a Big Sister or a Site Coordinator
Please contact BBBS Program Manager for Hancock County Andy Lees
andy@bbbsmidmaine.org 207-370-8716

