

Advance Care Planning Resources

Caring Connections

Free resources and information to help people make decisions about end-of-life care and services before a crisis.

<http://www.caringinfo.org>

Consumer's Toolkit for Health Care Advance Planning

Ten specific worksheets to prepare for conversations with loved ones about end-of-life choices prepared by the American Bar Association.

http://www.americanbar.org/groups/law_aging/resources/consumer_s_tool_kit_for_health_care_advance_planning.html

Five Wishes

An Advance Directive document.

<http://www.agingwithdignity.org/forms/5wishes.pdf>

Maine Advance Care Directive Forms

http://www.maine.gov/ag/elder_issues/living_will.shtml

My Life Directive

An online registry lists emergency contacts, medical information, and advance directives.

www.mylifedirective.org

National Healthcare Decisions Day

A website to inspire, education, and empower the public and providers about the important of advance care planning.

www.NHDD.org

POLST (Physician Orders for Life-Sustaining Treatment)

<http://www.maineospicecouncil.org/resources/advdirectives.html>

Respecting Choices

Programs to assist organizations, communities, and individuals to implement advance-care planning practices that support informed health care decisions.

www.respectingchoices.org

The Conversation Project

Resources to think about and prepare for conversations with loved ones about end-of-life choices.

www.TheConversationProject.org



Advance care planning
for peace of mind

Other Web Resources

www.hospicefoundation.org

www.nhpco.org

www.maineospicecouncil.org

www.codaalliance.org (Go Wish)

For more information: Healthy Peninsula ■ 374-3257 ■ info@healthypeninsula.org