



The Commodity Supplemental Food Program (CSFP)

would like to give you a **free thirty-pound** box of **groceries** every month! A \$50 value!



Applicants must be **60 years of age or older** & meet income requirements

- **\$1473** per month or less for single person household or
- **\$1984** per month or less for a two-person household.

Each free box of food contains: **juice, shelf stable milk, cereal, peanut butter, canned protein, pasta or rice, assorted canned goods, and a two-pound block of cheese.**



IF YOU HAVE QUESTIONS OR TO SEE IF YOU QUALIFY
CONTACT **EAAA @ 941-2865!**

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**** Food boxes for Blue Hill peninsula towns can be delivered to your home by volunteers from Healthy Peninsula****